

Whitening!!!!

What is professional whitening and how does it work?

Professional whitening is a procedure that can be done at the dental office or in the comfort of your home. We use whitening to lighten the shade of the teeth. First you must know that your teeth have little tiny pores. A gel is placed on your to open up these pores so that the active ingredient, like peroxide solution, can penetrate in and whiten effectively.



Ronald A. Murphy DMD

Helping you keep your teeth healthy for a lifetime!!!!



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Is whitening permanent?

Whitening is not permanent fix. It is a procedure that can be maintained and last longer with touch up whitening and oral hygiene. Some patients have results that last 6-12 months while others have a benefit lasting 3-6 months. You may ask how this can be. Each of us has different habits and different teeth. If you have a diet rich in dark berries, red wines or coffee/tea you have to touch up more often. Those foods and beverages that can stain clothing can stain your teeth. A person that is a smoker would also have to touch up more often.

What types of whitening does Dr. Murphy use?

Here at the office we have ZOOM! Whitening which is a procedure that takes about 90 minutes to complete and can give you same day results. The other option is to have whitening trays custom made for you. This option allows you to whiten at home and whiten on a gradient.

How do I know if I am a good candidate?

Come in to see us for a quick appointment and talk with Katie. She can help determine if you are a good candidate and which type of whitening best suits what you are looking for as well as your lifestyle.

Does it hurt my teeth?

Whitening does not hurt your teeth. Some patients may get sensitivity after whitening. Using a sensitivity toothpaste can help decrease this because it works by plugging up those pores on your teeth. We also recommend starting sensitivity toothpaste a week before whitening.

Thank you everyone for your donations for Toys for Tots and make this a huge success!!