

How important is your health to you?

Ronald A. Murphy, DMD

The findings of research linking your oral and body health is staggering. As a dental professional, seeing your dentist and hygienist on a routine basis should be one of your priorities. Many people find in their busy lives they don't have the time to do things. But you make the time to see your physician right? How is going to your physician yearly different than going to your dentist twice (or more) a year? We are all about being healthy, maintaining health or achieving health. I'm a dental hygienist who is working with Dr. Murphy to help our patients understand the importance of routine care as well as whole body health. Since every person is unique and has different needs we customize your care accordingly.

RS
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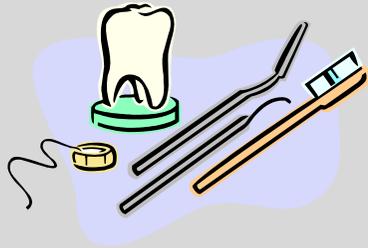
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Did you know?

- ❖ **3 out of every 4 Americans have signs of mild gum disease or gingivitis.**
- ❖ **There is a connection between your mouth health and your body health.**
- ❖ **In recent studies there is an association between gum disease and the following: cardiovascular, pulmonary, diabetes, and kidney diseases.**
- ❖ **Many patients are unaware that they have gum disease or gingivitis because they don't 'feel it.'**

New Patient Special

Comprehensive Exam,
X-rays and Regular
Cleaning (*in the absence
of gum disease*) only

\$89

Refer a friend or family
member and receive a
gift!

Prevention is the Key

What do we mean when we say 'prevention is the key'? It means we like to stay ahead of any concerns or problems that may arise. We want to tackle a problem when it starts before it grows into something bigger and more costly to fix. That is one of the main reasons we like to see our patients on a routine basis.

**A healthy mouth = a
healthy you!**